

*Tappahannock Memorial  
United Methodist Church*

P. O. Box 326  
345 Earl Street  
Tappahannock, VA 22560

LET WHAT YOU SAY  
BE SIMPLY

“YES”

OR

“NO”

MATTHEW 5:37, ESV

*“To all who mourn and need comfort,  
to all who are tired and need rest,  
to all who are lonely and need companionship,  
to all who sin and need a Savior, and to all who will,  
this church opens wide its doors.”*



## Prayer of Confession

**God of grace and glory, you are ever ready to forgive and free us from our burdens. Forgive us for judging ourselves and others harshly. Free us from the times we have made others stumble. Forgive us for lifting ourselves out by putting others down. Free us from self-condemnation and regret. With every breath we take, help us choose to live in Christ's ways. This we pray in your holy name. Amen.**

Prayer of Confession from *The Abingdon Worship Annual 2023*, pp. 27-28. © 2022 by Abingdon Press. Used by permission.

## The Declaration of Pardon

Hear the good news:

Christ died for us while we were yet sinners;

That proves God's love toward us.

In the name of Jesus Christ, you are forgiven.

**In the name of Jesus Christ, you are forgiven! Glory to God. Amen.**

## Passing of the Peace

May the peace of Christ be with you.

**And also with you!**

## Children's Time

### The Scripture Reading

### Deuteronomy 30:15-20

pg. 186

*<sup>15</sup>See, I have set before you today life and prosperity, death and adversity. <sup>16</sup>If you obey the commandments of the LORD your God that I am commanding you today, by loving the LORD your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the LORD your God will bless you in the land that you are entering to possess. <sup>17</sup>But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, <sup>18</sup>I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. <sup>19</sup>I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live, <sup>20</sup>loving the LORD your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the LORD swore to give to your ancestors, to Abraham, to Isaac, and to Jacob.*

### 1 Corinthians 3:1-9

pg. 167

***3**And so, brothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. <sup>2</sup>I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, <sup>3</sup>for you are still of the flesh. For as long as there is jealousy and quarreling among you, are you not of the flesh, and behaving according to human inclinations? <sup>4</sup>For when one says, "I belong to Paul," and another, "I belong to Apollos," are you not merely human?*

*<sup>5</sup>What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. <sup>6</sup>I planted, Apollos watered, but God gave the growth. <sup>7</sup>So neither the one who plants nor the one who waters is anything, but only God who gives the growth. <sup>8</sup>The one who plants and the one who waters have a common purpose, and each will receive wages according to the labor of each. <sup>9</sup>For we are God's servants, working together; you are God's field, God's building.*

Deuteronomy 30:15-20 and 1 Corinthians 3:1-9 from *New Revised Standard Version Bible*, copyright © 1989 National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved worldwide.

The Word of God for the people of God.

**Thanks be to God.**

**Anthem**

***“God Made from One Blood”***

**Choir**

“God Made from One Blood All the Families of Earth (St. Denio).” Contributor(s): Thomas H. Troeger. Music: Public Domain. Words: © 1994 Oxford University Press, The. CCLI Song # 1991392. CCLI License #2350408.

**\* Psalter**

**Psalm 119:1-8**

**UMH # 840**

<sup>1</sup>Blessed are those whose way is blameless,  
who walk in the law of the Lord!

<sup>2</sup>Blessed are those who keep God’s testimonies,  
who seek God with their whole heart,

<sup>3</sup>who also do no wrong,  
but walk in God’s ways!

<sup>4</sup>You have commanded your precepts  
to be kept diligently.

<sup>5</sup>O that my ways may be steadfast  
in keeping your statutes!

<sup>6</sup>Then I shall not be put to shame,  
having my eyes fixed on all your commandments.

<sup>7</sup>I will praise you with an upright heart,  
when I learn your righteous ordinances.

<sup>8</sup>I will observe your statutes;  
O forsake me not utterly!

**\* The Gloria Patri**

***Glory be to the Father and to the Son and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be,  
world without end. Amen. Amen.***

**\* Gospel**

**Matthew 5:21-37**

**pp. 4-5**

<sup>21</sup>“You have heard that it was said to those of ancient times, ‘You shall not murder’; and ‘whoever murders shall be liable to judgment.’ <sup>22</sup>But I say to you that if you are angry with a brother or sister, you will be liable to judgment; and if you insult a brother or sister, you will be liable to the council; and if you say, ‘You fool,’ you will be liable to the hell of fire. <sup>23</sup>So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, <sup>24</sup>leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. <sup>25</sup>Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. <sup>26</sup>Truly I tell you, you will never get out until you have paid the last penny.

<sup>27</sup>“You have heard that it was said, ‘You shall not commit adultery.’ <sup>28</sup>But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. <sup>29</sup>If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. <sup>30</sup>And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell. <sup>31</sup>“It was also said, ‘Whoever divorces his wife, let him give her a certificate of divorce.’ <sup>32</sup>But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery.

<sup>33</sup>“Again, you have heard that it was said to those of ancient times, ‘You shall not swear falsely, but carry out the vows you have made to the Lord.’ <sup>34</sup>But I say to you, Do not swear at all, either by heaven, for it is the throne of God, <sup>35</sup>or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. <sup>36</sup>And do not swear by your head, for you cannot make one hair white or black. <sup>37</sup>Let your word be ‘Yes, Yes’ or ‘No, No’; anything more than this comes from the evil one.

Matthew 5:21-37 from *New Revised Standard Version Bible*, copyright © 1989 National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved worldwide.

This is the Gospel of the Lord.  
**Praise to you, Lord Christ.**

### **Prayer before the Sermon**

May the words of my mouth and the meditations of our hearts be acceptable in thy sight, O God our rock and our redeemer. Amen.

### **The Sermon**

**“The Choice Is Yours”**

**Rev. Rebecca L. Minor**

### **\* Hymn of Response**

**“Freely, Freely”**

**UMH # 389**

#### **Refrain:**

He said, “Freely, freely you have received;  
freely, freely give.

Go in my name, and because you believe,  
others will know that I live.”

1. God forgave my sin in Jesus' name,  
I've been born again in Jesus' name,  
and in Jesus' name I come to you  
to share his love as he told me to. **{R}**

2. All power is given in Jesus' name,  
in earth and heaven, in Jesus' name;  
and in Jesus' name I come to you  
to share his power as he told me to. **{R}**

“Freely, Freely.” Contributor(s): Carol Owens. © 1972 Bud John Songs, Inc. (Admin. by Capitol CMG Publishing). CCLI Song # 13209. CCLI License #2350408.

### **\* Affirmation of Faith**

**Nicene Creed**

**UMH # 880**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation  
he came down from heaven,  
was incarnate of the Holy Spirit and the Virgin Mary  
and became truly human.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshiped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic\* and apostolic church.  
We acknowledge one baptism  
for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

#### **\* Sharing of Our Joys & Concerns**

We want to continue to pray for the healing of the nations through this pandemic, and for all those impacted by: war – especially the people of Ukraine and Russia; natural disasters; and other catastrophic events. Remember those who have been in the hospital for treatments and surgeries, as well as for COVID 19. Remember those who are isolated with no one to interact with. Please continue to pray for: your prayer partners; our homebound folks; those in nursing, rehabilitative, and assisted living facilities; as well as for those on the front lines. Please let us know of other prayer concerns and needs.

#### **Pastoral Prayer**

##### **The Lord's Prayer**

**Our father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come,  
thy will be done on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, and the power, and the glory,  
forever. Amen.**

##### **The Offering**

Please remember to keep your tithes and offerings current so that the ministries of our church can continue. You may mail them to P. O. Box 326, Tappahannock, VA 22560, use the E-Giving link available on our website [www.tappahannockmethodist.org](http://www.tappahannockmethodist.org), or download our mobile app: Vanco Mobile Faith Engagement. Thank you for your continued support!

##### **The Offertory**

***“They’ll Know We Are Christians by Our Love”***

“They’ll Know We Are Christians by Our Love.” Contributor(s): Peter Scholtes. Words: © 1966 F.E.L. Publications. Assigned

\* **Doxology**

UMH # 95

*Praise God, from whom all blessings flow; praise him, all creatures here below;  
praise him above, ye heavenly host; praise Father, Son, and Holy Ghost. Amen.*

\* **Closing Hymn**

*“Seek Ye First”*

UMH # 405

- |   |   |
|---|---|
| 1. Seek ye first the kingdom of God<br>and his righteousness,<br>and all these things shall be added unto you.<br>Allelu, alleluia! | 2. Ask, and it shall be given unto you;<br>seek, and ye shall find;<br>knock, and the door shall be opened unto you.<br>Allelu, alleluia! |
|---|---|

“Seek Ye First.” Contributor(s): Karen Lafferty. © 1972 CCCM Music (Admin. by Brentwood-Benson Music Publishing, Inc.); Universal Music - Brentwood Benson Publishing (Admin. by Brentwood-Benson Music Publishing, Inc.). CCLI Song #1352. CCLI License #2350408.

\* **Benediction**

\* **Postlude**

*“Guide Me O Thou Great Jehovah”*

“Guide Me O Thou Great Jehovah.” Contributor(s): John Hughes, Mark Hayes, Peter Williams, William Williams. Words: Public Domain. Music: © 1996 Beckenhorst Press, Inc. CCLI Song #2878562. CCLI License #2350408.



*Thank you for joining us in worship!*



## PRAYER LIST

Dave Baker, family of Donald Ray Bareford, Tri Blanks, Eddie Bliss, Alice Boyd, Priscilla Carter and husband, Brittany Clark, Olivia Egge, Brock & Tammy Fielder, Peyton & Mae Lynne Guest, Damar Hamlin, family of Vince Hardwick, Bill Hendricks, Josh Hodges, Sarah Hundley, Rev. Barb & Alan Jacobs, Paige Klemm, Tenley & Hailey and Robin & Bill Kuhnert, Vicky La Follette's cousin Teresa, Carolyn Lewis, Bill Loser, Kathleen MacDonald, Jacob McGuckin, Don & Mariam McMahan, the local Mennonite community, Amy Mahan, Ray Massie, Yvonne Minor, Janet Murphy, Monica Newsham, Nate Parker, Eleanor Rehm, Tina Shaver, Mary Lou Simpson, John & Debbie Snyder, Jackson Titmus, Brody Verlander, Faye Vlahovich, Eric Whitten, Robin (Whitten) Patton, and Carolyn Williams. Inclusion & equality for the LGBTQ family & friends. All affected by critical weather and violence, everyone who struggles with drug addiction and alcoholism, those in peril, all missing persons, those who serve in the Armed Forces, students and educators, the people of Ukraine, Russia, and Europe during this time of war, everyone around the world as we fight the spread of COVID-19, and the UMC during the separation and as the church moves forward.

**MILITARY DEPLOYMENTS:** SSGT Jonathan Simpson.

### PRAYERS AND CARDS ARE WELCOME FOR THESE MEMBERS

Lee Black, Barbara Brooks, Jim Climaldi, Jean Edwards, Cecile Farmer,  
Don and Carol Nicholas, Edna Parrish, Eleanor Rehm, and Jean Rhines.

*\* Please contact the office for the phone number or address for these members of our church family*

### SERVICE AND OUTREACH OPPORTUNITIES

<b>Today:</b>	<b>10:00 am</b>	<b>6<sup>th</sup> Sunday after the Epiphany Worship w/ Choir</b>
	<b>11:15 am</b>	<b>Sunday School: In-person only</b>
Monday:	6:30 pm	Choir Rehearsal
Tuesday:	<b>Happy Valentine's Day!</b>	
Wednesday:	10:30 am	Wednesday Morning Group & Brown Bag Lunch
Thursday:	8:30 am - 4 pm	Fellowship Hall & Parking Lot RSVD: VCU On-Site Mobile Health & Wellness



<b>Saturday, Feb 18<sup>th</sup>:</b>	<b>10 am - 3 pm</b>	<b>Fishin' Fun Club Winter Edition</b>
<b>Sunday, Feb 19<sup>th</sup>:</b>	<b>9:00 am</b>	<b>RockFish Band Rehearsal</b>
	<b>9 am - 11 am</b>	<b>Fishin' Fun Club Winter Edition</b>
	<b>10:00 am</b>	<b>Contemporary Worship Service featuring: The FFC &amp; TMUMC's RockFish Band</b>
	<b>11:15 am</b>	<b>Sunday School: In-person only</b>
Mon, Feb 20 <sup>th</sup> :	<b>Happy Presidents' Day!</b>	
	7:00 pm	Administrative Council Meeting
Tue, Feb 21 <sup>st</sup> :	6:00 pm	Shrove Tuesday Pancake Supper
Wed, Feb 22 <sup>nd</sup> :	10:30 am	Wednesday Morning Group
	6:00 pm	Ash Wednesday Worship Service w/ Imposition of Ashes and Holy Communion

*All meetings are offered in-person and via Zoom unless stated otherwise.*

*We seek to be the Disciples of Christ, welcoming all as we nurture  
and support one another through service and outreach.*

*Our facility is handicap accessible.*

**Pastor:** The Reverend Rebecca L. Minor, Cell Phone: (757) 870-8265

**Co-Music Directors:** Rob & Kelly Wright; **Pianist:** Beth Harvey

**Administrative Assistant:** Cindy Huber, Cell Phone: (540) 223-2835

**Church:** 804-443-2278 / **Church Administrative Email:** tappmethodist@gmail.com

**Pastor's Office Hours:** Tue - Thu: 9am - 2pm; **Admin Hours:** Working Offsite/Flexible Hours